



How to bully-proof your kids

No Bully workshop for parents and guardians

Bullying and exclusion are a perennial challenge for every child, making our schools unsafe, marginalizing diverse youth, and compromising the ability of our children to succeed in their careers and future relationships.

At this ninety-minute workshop parents and guardians:

- **Learn how to bully-proof their child** to avoid the role of bully or victim.
- **Develop skills to Solution Coach® their child** through the inevitable social and emotional challenges of friendships and peer relationships.
- **Join with school staff and parents** in a shared goal of making school bully-free.

No Bully is a respected San Francisco-based 501(c)(3) non-profit with the mission of making schools bully-free. **No Bully** has brought this workshop to thousands of parents across California. **No Bully** developed Solution Coach® as a tool for parents to help their children navigate the challenges of childhood and adolescence. It is a child-centered approach to problem solving that blends empathy and action with skill development in social and emotional intelligence.

“Free acceptance in play, partnership, and teams is what matters most to any child... Rejection hurts more than anything else that happens at school.”

- Vivian Paley,
the first teacher to win
the MacArthur Genius award

No Bully
Anti-Bullying Programs for Schools

Call **415-820-3956** to schedule this **No Bully** workshop or to get more information.

Alternatively,

email **office@nobully.com**

or visit us on the web at

www.nobully.com

No Bully
Anti-Bullying Programs for Schools